



May 2024

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786**

Circle one

FIRST CLASS (U.S. Only)	\$48.00
EACH ADDITIONAL COPY (U.S.) IN SAME ENVELOPE	\$40.00
FOREIGN (Outside U.S.)	\$60.00
EACH ADDITIONAL COPY (FOREIGN) IN SAME ENVELOPE	\$55.00

Please Enclose Check or Money Order for Payment

NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** ____ **ZIP:** _____

DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS
MEETING MINUTES OF APRIL 20, 2024**

Call to order: The Chair, Ara H., called the meeting to order at 9:30 A.M.

The Chair reminded everyone that recording of this meeting is not permitted. Roll call was taken by the secretary, Valerie D.

Present: Ara H., Bob W., Laura M., Valerie D., Zach M., Israel A.,
Office Manager

Present on Zoom: Arnie B., John C., Lloyd A., and KC B., International
Executive Secretary,

Jo K. present @ 09:39 A.M.

A. Minutes for March 16, 2024:

A motion was made to approve the minutes as written:

**MOTION SECONDED AND PASSED
FOR –8 AGAINST – 0 ABSTAINED – 0**

B. Operating Statement for March 2024:

A motion was made to approve the March 2024 Operating Statement as written.

**MOTION SECONDED AND PASSED
FOR –8 AGAINST – 0 ABSTAINED – 0**

OLD BUSINESS

A. Office Manager Report – Israel A.

- Lifeliners – 2
California -1 & Florida -1
- New Cans – 0
- Group Information requests forms received – None.
(Registration Only - 0)

- Group Information request forms received prior to sending out starter kits-5 Five Starter Kits were sent out as follows after receiving the Group Information Request Forms for the month of March:
 Birmingham, AL Nova Raton, FL Chicago, IL
 Hackettstown, NJ Beloit, WI
- Prison starter kits – None.
- Venmo and Zelle donations were \$1,528.52:
 Groups (15) \$797.52, Intergroup (1) \$100.00, 1X-Donations (4) \$117.00, Lifeliners Donations (13) \$400.00, and I.S.O. Cans (3) \$114.00.

B. International Executive Secretary Report – KC B.

- Completed March bulletin.
- Working on April bulletin.
- Working on getting meeting information from Website into Excel spreadsheet.
- Have stopped inputting data- waiting to hear from website developers on exactly what they need.
- Info that was already entered, was entered following the example that they gave; however, it was not what they needed.
- Started preparing for Pleasanton:
- Everything is just about ready- except committee reports that I'm still waiting on.

C. DISCUSS RESTRUCTURING COMMITTEE REPORT.

- Articles of Incorporation to be amended to the State of California and list current B.O.R members.

Motion to have Articles of Incorporation amended.

**MOTION SECONDED AND PASSED
 FOR – 9 AGAINST – 0 ABSTAINED – 0**

**Bob reported that the Antique book was purchased for \$1250.00, and money was donated to the International Service Office.

NEW BUSINESS

A. DISCUSS CHANGES TO ARTICLES OF INCORPORATION.

- Articles of Incorporation to be amended to, State of California and list current B.O.R members.

Motion to have Articles of Incorporation amended.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

B. DISCUSS ELECTION PROCESS USING ZOOM TO INTRODUCE MEMBERS RUNNING FOR B.O.R. TO THE TRUSTEES.

Motion was made to have 90-minute zoom meeting to introduce B.O.R candidates to trustees.

**MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0**

C. DISCUSS WEBSITE UPDATE.

- Reported that committee members will be meeting regularly and would like to be included in all matters involving the website.

D. DISCUSS SPRING B.O.T. MEETING AGENDA.

- Agenda Items related to B.O.R. and International Service Office was reviewed and discussed.

Number of people who called in to listen to the meeting: 1

Collected: \$35.00

The meeting ended with the Serenity Prayer at 10:52 A.M.

Next meeting will be May 18, 2024.

Respectfully submitted by Valerie D., Secretary.

HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at brucelaw8@mac.com. He will reply by email or phone if you provide your number.

UNITY PROGRAM

Did you know that the I.S.O. sells a booklet on how to study the Unity Steps? We do! It’s called “Gamblers Anonymous Group Study Book on the Unity Steps.” Each month of 2024, I’ll discuss the Unity Program and the corresponding step with each month.

When I first came to Gamblers Anonymous in July of 2001, at the Unity Club in Las Vegas, my brain was focused on one thing – to stop gambling. It’s all I cared about for the first few months I was attending meetings. I had no idea what the Unity Program was or why it existed.

As my mind cleared up and I started to understand my surroundings, the Unity Program became less and less confusing for me. I’d like to think it’s the same way for all of us, however, I can only speak of my experience.

It taught me that while I needed to focus on MY recovery, I also needed to respect the group as a whole and be one with them as we move forward on this journey of self-discovery and recovery.

I knew that whether I relapsed or not, the Group would still be there when I came back. So, when I’d see a person had relapsed, I’d welcome them back to the Group and continue forward.

Step 5 – Gamblers Anonymous has but one primary purpose – to carry its message to the compulsive gambler who still suffers.

Personal direction and purpose of life are often different for each of us but hopefully we shall remember that the one common bond of responsibility that we share on a group level is to carry the message of hope to the compulsive gambler who still suffers. It should be noted that the suffering compulsive gambler can be sitting next to you at your meeting as well as those who have never heard of Gamblers Anonymous.

Reaching compulsive gamblers is a major goal around which the members of Gamblers Anonymous gather in unity. The perpetuation of the Fellowship depends on the practice of this principle.

The reason for this singleness of purpose is to maximize the efficiency of the Fellowship's efforts to carry its message to suffering compulsive gamblers, in or outside of the Fellowship. The gift of recovery works best when it is shared.

- a. Define/discuss the following words/phrases: "one primary purpose" "to carry the message," "compulsive gambler who still suffers".
- b. What is the message?
- c. What does it mean to "carry the message"? How do I/we do this?
- d. What is the role of the group in carrying a clear message?
- e. How does sharing my experience, strength and hope carry the message to those who still suffer?
- f. How can I carry the message to people I don't know?
- g. How was the message carried to me? Elaborate.
- h. What are some of the distractions that will divert us from our primary purpose?
- i. What do we do to welcome back members who have relapsed and have come back to Gamblers Anonymous?
- j. Can newcomers find sponsors in our groups? Discuss.
- k. Does someone reach out and call a newcomer or members who have been missing meetings?
- l. Does Unity Step 5 mean I should reach out to gamblers in casinos or bring my friend who I know is a compulsive gambler to a meeting but does not admit to it?
- m. Is it possible that old-timers can be gamblers who still suffer? How do we treat an old-timer who is facing difficulties in his or her life?
- n. What can we do to learn from the old-timer? Discuss.
- o. In my home group, how do we focus on abstinence, the steps, page 17, principles, and recovery?

- p. "I am responsible" When anyone, anywhere, reaches out for help, I want the hand of Gamblers Anonymous always to be there. How does this apply to Unity step 5? Elaborate.
- q. There are several principles that may apply to this step. Elaborate on how each of the following applies to Unity Step 5: purpose, responsibility, anonymity.

From the desk of your International Executive Secretary.

As we complete the May bulletin, I would like to thank all the members, groups, intergroups, and RSOs who consistently contribute to your International Service Office to enable us to keep the doors open and help the compulsive gambler who still suffers. We could not do this without you. If you aren't already, please consider signing up as a LifeLiner and contribute monthly so that the I.S.O. can continue its amazing work of getting literature out and helping people find meetings all over the world.

If your area is having a mini conference of any kind, you can send the flier or the information to the ISO or myself and we'll get it into the bulletin in the Announcements section.

As a quick and friendly reminder, when you place an order from the online store on the ISO website, please remember that the charge will appear as GAISO on your statement. We've had a few occurrences of people contesting those charges for the literature order they've placed.

Congratulations to our new trustees who were just elected! By the time we print this bulletin, every area should have gotten the results of those trustee elections to me via the trustee website link: <https://trusteewebsite.com/newupdate-trustee-info/> . Whether you are being reelected or there are new trustees, each person elected needs to go to the website and register. This will notify the website admin and me about your election and we can update our contact lists. Thank you for your service to this amazing fellowship.

With that said, for those who would like to look up the Guidance Code for this, you'll find it under Gamblers Anonymous Guidance Code, Article XVIII – Election of Trustees. Also listed here are the responsibilities of a member of the Board of Trustees.

Thank you for being on this journey of recovery and self-discovery with me. I could not do it without all of you.

Yours in recovery and gratitude, KC B.

RESPONSIBILITIES FOR INTERNATIONAL TRUSTEES OF GAMBLERS ANONYMOUS

The following is the listing of responsibilities for International Trustees, as per the green Information Packet booklet that is listed as literature item #28 on the GA approved literature form.

1. Attend all physical Board of Trustees meetings and answer all mail and quick response board meetings.
2. Be a living example of the precepts of Gamblers Anonymous and personally work the Steps of Recovery and Unity.
3. Uphold the Guidance Code, and all decisions made by the Board of Trustees (not fulfilling this affects G.A. as a whole).
4. Attend as many of the various group meetings within your area as possible. Where physical attendance is not possible, keep in regular communication through the mail and/or telephone.
5. Be available to all members and groups in your Trustee area for advice and guidance. Work with the trusted servants to correct the issues that do not conform with the Guidance Code and all decisions of the Board of Trustees (not fulfilling this affects G.A. as a whole).
6. Attend Gamblers Anonymous functions such as open meetings, mini-conferences, dinner dances, picnics, etc.
7. Offer assistance to any group that has a problem.
8. Serve actively on committees on the Board of Trustees.
9. Be a Lifeline and encourage groups and membership to support the International Service Office through Lifelines and Group Contributions.
10. Regularly attend Gamblers Anonymous meetings, at least thirty-nine Gamblers Anonymous meetings a year.
11. Make area groups aware of and encourage use of tools of Gamblers Anonymous such as Pressure Group Pamphlets, Group Handbook, Sponsorship Pamphlets, Big Book, Public Relations Material, Ninety Day Plateau, New Member Letter, etc.
12. Attend Regional or Intergroup meetings if they exist in your area.

13. Actively participate in communicating with the Board of Trustees, individual members, group, Intergruop, to obtain agenda items for the Board of Trustees.
14. A Trustee should offer assistance to any members starting a new G.A. group.
15. A Trustee should regularly write his/her area happenings and any other thoughts to the bulletin.

1306 Monte Vista Ave. Ste. 5

Upland, CA 91786

Phone: (909) 931-9056

Email: isomain@gamblersanonymous.org

Website: www.gamblersanonymous.org

16. Uphold the Board of Trustees responsibilities to the Literature Committee and its approved guidelines by
 - a) being completely familiar, prior to the B.O.T. meetings, with the content of all literature submitted to the B.O.T. for approval;
 - b) making suggestions to the Literature Committee for improvement of said literature, if approved by B.O.T., within 30 days subsequent to the B.O.T. meetings. (Note: Literature proposals from a committee, once passed, are excluded from B.O.T. suggestions.)
17. Bring all upcoming agenda items to the attention of all groups in your area prior to all B.O.T. meetings for input that will guide all the trustees from your area at all B.O.T. meetings.

The Combo Book is available for purchase as an e-book.

Instructions for Kindle purchase:

Note: if you already have an Amazon account go to step 2.

1. To create an Amazon account, log on to Amazon.com and follow instructions.
2. Download a Kindle app for iPhone, Android, iPad, tablet, PC or Mac computer.
3. Log on to Amazon.com
 - A) Scroll down and tap or left click on Barnes & Noble. In the column to the right, tap or left click on Kindle Books. In the search box enter Combo Book.
 - B) Scroll down to locate the book and tap or left click on Combo Book.
 - C) Tap or left click on Purchase. The book will automatically download to your device in the Kindle App.
 - D) Tap or left click on Kindle App to locate Combo Book.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book - A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.
- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship – HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book – Sharing Recovery through GA.
- Have I quit the Fellowship?

If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.
- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.
- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.

- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Thank you so much for the service you provide along with all the materials for the group.

Enclosed is a donation from our Ottawa, Illinois group.

We do appreciate all your support and all you do for us while we recover. Without you, we would not be where we are today.

Penny G., Ottawa, Illinois

Dear I.S.O.,

Enclosed is a donation from Monday night Bowmansville, Area 16A.

Keep up your great work.

Bill K., Bowmansville, New York

Dear I.S.O.,

Enclosed is a donation from the Thursday 7 pm virtual meeting in Mesa, Arizona.

Thank you for your service.

Sue V., Mesa, Arizona

Dear I.S.O.,

Thank you for everything you do.

Nicholas K. New Windsor, Illinois

Dear I.S.O.

Enclosed is a donation from the Sunday afternoon meeting in Albuquerque.

Ray B., Albuquerque, New Mexico

Hello I.S.O.,

Enclosed is a donation from the Monday Night Gales Ferry meeting in Gales Ferry, CT.

Sincerely, Paul S., Gales Ferry, Connecticut

Dear I.S.O.,

Thank you for all you do.

Metuchen Tuesday, Metuchen, New Jersey

Dear I.S.O.,

Thank you for all your good work.

Dave S., Pennsylvania

Dear I.S.O.,

On behalf of the Thursday night women preferred meeting in Plantation, please accept this donation from the members. The ladies have a great outlook towards recovery and always look forward to welcoming in new members.

Please keep up the good work at the ISO and they will continue to do their part to help the compulsive gambler who still suffers.

Yours in Fellowship, Neal G., Plantation, Florida

Dear I.S.O.,

Please accept this donation from the Monday night Ft. Lauderdale, FL meeting. We have a great room and always look forward to welcoming new members.

Please keep up the good work there at the ISO and we will continue to do our part here to help the compulsive gambler who still suffers.

Yours in Fellowship, Neal G., Plantation, Florida

Dear I.S.O.,

Please accept this donation on behalf of the Plantation Wednesday meeting. We have a great room and knowing that we are self-supporting we do what we can and encourage others to do the same. We recently had our first mini conference in four years.

It was well attended and received rave reviews. Please keep up the good work at the ISO and we will continue to do our part here to help the compulsive gambler who still suffers.

Yours in Fellowship, Neal G., Plantation, Florida

Dear I.S.O.,

Here is a donation from the Tuesday and Thursday night Daytona Beach, FL area rooms.

Thanks for all you do.

Frank M., Daytona Beach, Florida

Dear I.S.O.

Please accept this check on behalf of the Friday Plantation meeting. We have a great little room and knowing that we are self-supporting, we do what we can and encourage others to do the same.

Please keep up the good work at the ISO and we will continue to do our part here at the local level to help the compulsive gambler who still suffers.

Yours in Fellowship, Neal G., Plantation, Florida

ANNOUNCEMENT OF UPCOMING EVENTS

23rd Summerfest Retreat 2024

June 13 – 16, 2024

St. Benedict's Lodge, McKenzie Bridge, Oregon

For more information, email me at ies@gamblersanonymous.org and I'll get you in contact with one of the coordinators.

2024 Summer Picnic in Rock Creek Park

Saturday, June 29, 2024

Rock Creek Park, Picnic Grove #6, Washington D.C.

696 Beach Dr. NW, Washington DC 20012

For mor information email me at ies@gamblersanonymous.org and I'll get you in contact with the area contacts.

GA/Gam-Anon 43rd Australian National Conference

It Starts with Me

August 23 – 25, 2024

Sydney, New South Wales, Australia

For more information, email ganswconference@gmail.com or you can email me at ies@gamblersanonymous.org and I will email you a registration form.

2024 DMV / Maryland Gamblers Anonymous & Gam-Anon Mini-Conference

September 27-28, 2024

Good Shepherd Lutheran Church

16420 S Westland Drive, Gaithersburg, MD 20877

For more information, you can email marylandmeeting@gmail.com

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF APRIL 2024

ARIZONA

L36 Marc L.
L60 Sue V.
L61 Ralph V.
L211 Jim L.
L221 Janat G.
L287 James S.
L396 Pam K.
L546 Mo M.
L692 Doug G.
L1005 Patricia B.
L1008 Roxanne W.

CALIFORNIA

L1 Bob W.
L4 Tom M.
L6 Bill/ Kathy S.
L8 Dan B.
L9 Mike M.
L18 Chris G.
L19 Wendy B.
L21 Ed E.
L31 Russell H.
L70 Keith B.
L73 Karen H.

CALIFORNIA (cont)

L87 Mike S.
 L88 Valerie D.
 L100 Mazi S.
 L117 Steve F.
 L120 Phil C.
 L129 Sharon E.
 L151 Murray F.
 L158 Gagik G.
 L209 Jose C.
 L219 Leonard K. X2
 L273 Victor S.
 L298 Cathy F.
 L301 Steve K. X2
 L314 Alan S.
 L367 Jerry L. X2
 L384 Alvin F. X2
 L386 Anita R.
 L408 Ira B.
 L419 Rufus B.
 L432 Patrick P.
 L453 Bennett S. X2
 L476 Garret C.
 L480 Ezra B. X2
 L496 Guy H.
 L561 Pilar L. X2
 L563 Zachary M.
 L580 Curtis G.
 L593 Grant M.
 L601 David L.
 L609 Kathie S.
 L617 Mike Z.
 L623 Lucille T.
 L648 Ed K.
 L678 Lynell B.
 L701 David L.
 L772 Ara H.
 L834 Candice B.
 L836 Albert Y.
 L871 Greg D.
 L907 Joseph G.
 L908 Jordan K. X2
 L920 Jane J.
 L946 Estella M.
 L963 Eric F.
 L965 Brandon S.
 L1000 Willie F.
 L1001 Ray J.

COLORADO

L147 Lou W.

CONNECTICUT

L581 Paul S.
FLORIDA
 L2 Bill B.
 L48 Janet S.
 L81 Paulette T. X2
 L97 Chuck R.
 L106 Raymond H.
 L143 Neal G.
 L160 Jim C.
 L175 Lloyd A. X2
 L205 Steve P.
 L225 Kevin K.
 L233 Robert M.
 L251 Frank G.
 L261 Stephen S. X2
 L313 Herman G. X2
 L351 Russell H.
 L423 Kathleen H. X2
 L429 Dennis S.
 L450 Neil S. X2
 L483 Victor C.
 L511 Chris N.
 L590 Dennis A.
 L607 Debbie M.
 L627 Pauline F.
 L695 Ronald B.
 L815 Linda S.
 L840 Janice M.
 L843 Neal V.
 L844 Armie B. X2
 L904 Marlon D.
 L944 Brent S.
 L945 Eugene K.
 L979 Rebecca P.
 L989 Lois H.
 L993 Carlos M.
 L1002 Jim O.
 L1010 James T. X2
 L1014 James H. X2
 L1016 Paul B.
 L1021 Michael P.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L63 Bob C.
 L114 Ellen Z.

ILLINOIS (cont)

L344 Eileen Z.
 L823 Luke W.
 L960 Dianna R.
 L962 Cynthia M.
 L977 Donna M.
 L1018 Al A.

INDIANA

L880 Fred B.

KENTUCKY

L115 Laura S.
 L195 Steve B.

LOUISIANA

L27 Betty S.
 L354 Kathy S.

MARYLAND

L162 Jim D.
 L997 Tijuana M-T.

MASSACHUSETTS

L318 Jeffrey H.
 L598 Vinny S.

MICHIGAN

L272 Joann D.

MINNESOTA

L803 Renee G.

NEVADA

L75 KC B.
 L325 Terry D.
 L410 Joanne F.
 L439 Ira K. X2
 L486 Zeny K.
 L507 Mark S.
 L596 Leslie F.
 L599 Igor K.
 L612 Dan M.
 L669 Terri R.
 L690 Lenore D. X2
 L830 Jackie C.
 L837 Harriet K. X2
 L846 Bobby B.
 L974 Mark G.
 L975 Larry S.
 L982 Rex W.

NEW HAMPSHIRE

L277 Roy W.

NEW JERSEY

L174 Mike D.
 L183 Robin D.
 L212 Marshall R. X2
 L213 Michael R.
 L223 Fred D.

L266

L295

L311

L349

L433

L438

L497

L547

L557

L699

L863

L961

L985

L1019

NEW MEXICO

L572

L662

L847

L906

NEW YORK

L303

L308

L465

L516

L622

L852

L882

L887

NORTH CAROLINA

L493

L494

L495

L498

L499

L500

L503

L504

L506

L510

L513

L514

L515

L518

OHIO

L948

L986

OKLAHOMA

L543

OREGON

L584

L881

Kivey G.

Ted S.

Andrew D.

George L.

Joseph F.

Matthew C.

Dave S.

John P.

Denis M.

Craig H.

Kathleen P.

Tom C.

Tristan D.

James G.

Liane M.

Joel K.

Catherine B.

Mary F.

Alan J. X2

Jordan P. X2

Mohammed M.

Susan W. X2

Andrew C.

Norberto B.

Joe B. X2

Pierre C. X2

Gary G.

Mary D.

Tina V.

Suzanne R.

Mike S.

Sammy D.

Marc A.

Vivian W.

Chuck T.

Eric S.

John B.

Silvia G.

Donna M.

Toby G.

Edward G.

Anthony K.

James G.

Curt P.

Pam B.

PENNSYLVANIA

L40 Dan M.
 L71 Marla J.
 L345 John B.
 L533 Debbie D.
 L820 Josh S.
 L822 David S.

WASHINGTON

L429 Terry D.
 L659 Connie M.

WISCONSIN

L443 Constance T.
 L988 Jeffrey R.

ALBERTA

L984 Steve L.

INDIVIDUAL LIFELINER DONATIONS APRIL 2024

ARIZONA (11)	305.00	NEVADA (19)	535.00
CALIFORNIA (66)	3,549.00	NEW HAMPSHIRE (1)	75.00
COLORADO (1)	25.00	NEW JERSEY (20)	674.00
CONNECTICUT (1)	20.00	NEW MEXICO (4)	100.00
FLORIDA (49)	1,349.00	NEW YORK (8)	485.00
GEORGIA (1)	80.00	NORTH CAROLINA (14)	85.00
HAWAII (2)	78.00	OHIO (2)	70.00
ILLINOIS (8)	160.00	OKLAHOMA (1)	15.00
INDIANA (1)	15.00	OREGON (2)	45.00
KENTUCKY (2)	60.00	PENNSYLVANIA (6)	155.00
LOUISIANA (2)	20.00	WASHINGTON (2)	20.00
MARYLAND (2)	55.00	WISCONSIN (2)	30.00
MASSACHUSETTS (2)	71.00	CANADA (1)	50.00
MICHIGAN (1)	5.00		
MINNESOTA (1)	10.00	TOTAL (224)	8,381.00

ANNIVERSARIES

49 YEARS	ARTIE R.	5/4	Summit, NJ
	STEVE B.	5/16	Staten Island, NY
45 YEARS	WALT D.	5/9	Paramount/Lakewood, CA
44 YEARS	JIMMY S.	5/1	Staten Island, NY
41 YEARS	CHARLIE M.	5/21	Pomona, NY
40 YEARS	TOM M.	5/16	Burlingame, CA
37 YEARS	JOHN S.	5/15	Staten Island, NY
	TED J.	5/17	48 th St., NY
32 YEARS	TERRY D.	5/30	NE Philadelphia, PA
30 YEARS	ALAN J.	5/14	East 31 st St., NY
29 YEARS	STANLEY C.	5/14	Howard Beach, NY
	ROBERT G.	5/23	Forest Hills, NY
	MICHAEL P.	5/25	Downey, CA
28 YEARS	PHIL S.	3/11	Algonquin, IL
27 YEARS	CONNIE M.	4/11	Vancouver, WA
	LENNY W.	5/11	Church on the Hill, NY

27 YEARS (<i>cont</i>)	DAVID F.	5/18	Church on the Hill, NY
26 YEARS	MARK M.	4/11	Bloomington, IL
	CRAIG R.	5/14	East 31 st St., NY
	REAL L.	5/14	Trois-Rivieres, QC
	EZRA B.	5/25	Downey, CA
25 YEARS	TONY F.	4/9	Cherry Valley, IL
	ANDRE S.	5/8	Montreal, QC
	MARIAN A.	5/12	Las Vegas, NV
	RICH N.	5/28	Pomona, NY
24 YEARS	GENE G.	5/1	YMCA Townhouse, NY
	MONIQUE	5/23	Chateauguay, QC
	YVON	5/23	Chateauguay, QC
	CHESTER O.	5/26	Ocean Parkway, NY
	KEN W.	5/28	Ardslay, NY
23 YEARS	HOWARD R.	5/21	Voorhees, NJ
21 YEARS	CAROL H.	5/4	Las Vegas, NV
	DENIS L.	5/18	Ste-Therese, QC
	JON O.	5/19	Ventura, CA
	HOWARD R.	5/21	Voorhees, NJ
	JOHANNE Q.	5/21	Rawdon, QC
	MIKE L.	5/22	Turnersville, NJ
20 YEARS	PEG M.	4/10	Downers Grove, IL
	RICK R.	5/4	Hanson, MA
	SHARON B.	5/14	Pomona, NY
	DIMITRIOS K.	5/28	North Andover, MA
19 YEARS	BRUCE B.	5/7	Voorhees, NJ
	DON B.	5/10	Rancho Bernardo, CA
	ARCHIE T.	5/11	Reseda Zoom, CA
	DAVID	5/31	Calgary, AB
18 YEARS	LEN B.	5/1	Allied Gardens, CA
	BRUCE K.	5/10	Newton, MA
	AARON S.	5/11	Reseda Zoom, CA
	HENRY T.	5/25	Allied Gardens, CA
17 YEARS	DENISE R.	4/28	Santa Monica Beach, CA
	HERMAN G.	5/10	Plantation, FL
	KALMAN W.	5/19	Ocean Parkway, NY
	EVAN W.	5/21	Kissena, NY
16 YEARS	DEBBIE G.	5/3	Worcester, MA
	SUE S.	5/20	Santee, CA
	NATHAN R.	5/26	Settlement House/SFX, NY
15 YEARS	MIKE H.	5/9	Paramount/Lakewood, CA
	ROBERT G.	5/24	Santa Monica, CA
	MADISON W.	5/26	San Diego, CA
14 YEARS	DAVID W.	5/3	48 th St., NY
	ELIZABETH C.	5/4	Las Vegas, NV
13 YEARS	LENORE D.	5/1	Las Vegas, NV
	JEREMY K.	5/7	Natick, MA
	JOHN T.	5/7	Natick, MA
	MAZI S.	5/10	Rancho Cucamonga, CA
	BEN G.	5/14	Douglaston, NY
12 YEARS	BOB J.	5/9	Congers, NY
	SCOTT W.	5/23	Congers, NY

12 YEARS (cont)	MARCELLA J.	5/26	Dallas, TX
	ALLIE H.	5/28	San Diego, CA
11 YEARS	RYAN M.	5/6	Somerdale, NJ
	RYAN M.	5/14	Voorhees, NJ
	SYDNEE M.	5/25	Temecula, CA
10 YEARS	MARIA G.	5/3	Forest Hills, NY
	RAUL H.	5/5	San Diego, CA
	MARY A.	5/15	London, ON
	ROB P.	5/20	Henderson, NV
9 YEARS	HUGH H.	4/26	Plantation, FL
	HARRIETT W.	4/28	Plantation, FL
	TERRI R.	5/1	Las Vegas, NV
	BILL D.	5/2	Las Vegas, NV
	MIKE S. #2	5/4	Staten Island, NY
	MIKE S.	5/13	Staten Island, NY
	GEORGE L.	5/19	Settlement House/SFX, NY
	ROYA G.	5/23	Solana Beach, CA
	DOUG C.	5/25	Windsor, ON
8 YEARS	LAURIE C.	3/5	Plantation, FL
	ROSEMARY R.	3/6	Plantation, FL
	ILAN B.	3/11	Plantation, FL
	JOE G.	3/20	Burbank, IL
	LINDA S.	4/6	Plantation, FL
	STEVEN G.	5/9	Carlsbad, CA
	JONATHAN S.	5/14	Westlake Village, CA
	BOB W.	5/17	Las Vegas, NV
	DELIA P.	5/21	East 31 st St., NY
	LINDA L.	5/25	Santee, CA
	ANTHONY I.	5/28	Howard Beach, NY
7 YEARS	MIKE D.	3/28	St. Charles, IL
	JASON G.	5/2	Forest Hills, NY
	LORI P.	5/5	Las Vegas, NV
	MATT B.	5/7	East 31 st St., NY
	BENOIT C.	5/12	Longueuil, QC
	DEBBIE	5/15	London, ON
	MARK M.	5/28	Plantation, FL
	JOE B.	5/28	Voorhees, NJ
6 YEARS	CHRISTEN D.	3/19	Joliet, IL
	MIKE S.	5/3	Taunton, MA
	ERIC O.	5/5	Ventura Zoom, CA
	SPIKE B.	5/8	Bensonhurst Recovery, NY
	SUSAN F.	5/15	London, ON
	RICKY C.	5/20	Staten Island, NY
5 YEARS	RENEE M.	2/25	Burbank, IL
	KRISTEN M.	5/8	Staten Island, NY
	SAM P.	5/9	Forest Hills, NY
	KENNY C.	5/10	York, ME
	CHUNGDEOK S.	5/13	Seoul, KOR
	INHU K.	5/16	Seoul, KOR
	RACHEL R.	5/18	Wausau, WI
	MIKE G.	5/21	East 31 st St., NY
	SPENCER V.	5/29	YMCA Townhouse, NY

5 YEARS (cont)	WAYNE L.	5/30	Windsor, ON
4 YEARS	KAREN A.	3/29	Plantation, FL
	ALEX	4/28	Canton, MA
	MANCHON H.	5/1	Seoul, KOR
	ANTHONY L.	5/8	Turnersville, NJ
	STAVROS	5/10	Santa Monica, CA
3 YEARS	INGRID M.	2/22	Willa Rawls, IL
	ALEX S.	4/18	NE Philadelphia, PA
	DASA J.	5/1	Seoul, KOR
	ARTHUR A.	5/3	Watertown, MA
	IZZY H.	5/8	Forest Hills, NY
	KEVIN Pa	5/10	Las Vegas, NV
	JOSEPHINE F.	5/17	Forest Hills, NY
	ED J.	5/21	Voorhees, NJ
	TONDA M.	5/30	Murrieta, CA
2 YEARS	ROBERT M.	4/6	Plantation, FL
	STEVE G.	4/8	Hamburg, NY
	PATTIE F.	5/4	L.A./Hollywood Zoom, CA
	SEOCHO S.	5/4	Seoul, KOR
	ZACH F.	5/7	Canton, MA
	TIM W.	5/8	NE Philadelphia, PA
	ANTHONY L.	5/13	Fort Worth, TX
	DARREN D.	5/15	London, ON
	MATT	5/15	London, ON
	SIOBHAN	5/15	London, ON
	JESSICA R.	5/20	Vaudreuil-Dorion, QC
	BERTHA O.	5/24	48 th St., NY
	JIM	5/27	Calgary, AB
1 YEAR	JOHN V.	3/10	Plantation, FL
	ENZA S.	3/30	St. Charles, IL
	GAVIN J.	5/2	Valley Center/Reseda Zoom, CA
	JOANN N.	5/1	Henderson, NV
	KEVIN H.	5/5	Hamilton Square, NJ
	MOSHE K.	5/5	Ocean Parkway, NY
	CAROLE D.	5/5	L'Assomption, QC
	MARIA W.	5/6	Howard Beach, NY
	SCOTT L.	5/10	Santa Monica, CA
	ANTHONY D.	5/11	Staten Island, NY
	BILL R.	5/12	Watertown, MA
	ERIKA S.	5/14	Santee, CA
	SYLVAIN J.	5/14	Rawdon, QC
	CLIFF F.	5/16	Henderson, NV
	DAVE B.	5/16	Forest Hills, NY
	HARRY J.	5/16	NE Philadelphia, PA
	DENISE F.	5/17	Santee, CA
	DARLENE M.	5/18	Santee, CA
	FRANK H.	5/21	Douglaston, NY
	SIPJUNG Y.	5/22	Seoul, KOR
	ROB L.	5/25	Reseda Zoom, CA
	ILSAN S.	5/27	Seoul, KOR
	JANGHANG K.	5/27	Seoul, KOR
	JOHN H.	5/28	East 31 st St., NY

1 YEAR (cont)	REUVEN L.	5/28	East 31 st St., NY
	J.P.	5/28	St-Augustin, QC
	JOCELYNE	5/28	Montreal, QC
	JUKGEON L.	5/29	Seoul, KOR

I.S.O. CAN CONTRIBUTIONS APRIL 2024

CALIFORNIA

C4	Anaheim Wednesday	56.00	C1002 Burbank Monday	69.00
C5	Montrose Thursday	178.00	C1012 Irvine Thursday	21.00
C16	Anaheim Monday PM	38.00	C1017 Simi Valley Thursday	111.48
C28	Anaheim Sunday PM	17.60	C1105 Sacramento Stop & Grow	
C46	Anaheim Saturday AM		Saturday AM	91.00
	Women's	30.00	C1285 Rancho Cucamonga	
C77	San Diego Intergroup	371.00	Saturday PM	45.00
C82	Anaheim Thursday PM	16.00	C1403 Rancho Cucamonga	
C152	Riverside Saturday	28.00	Wednesday PM	35.00
C184	Sacramento Tuesday AM	66.00	C1411 Rancho Cucamonga	
C185	Sacramento Thursday	20.00	Monday Noon	111.00
C588	Burbank Friday PM	53.00	C1496 Burbank Wednesday	
C765	Fair Oaks Thursday AM	36.00	Night	53.00
C863	Rancho Cucamonga		C1538 Anaheim Tuesday PM	44.00
	Thursday PM	85.00	C1694 Auburn Wednesday	26.00
C949	Mission Viejo Friday	23.00	C1724 Inland Empire Intergroup	22.00

CONNECTICUT

C51	Coventry Wednesday	12.00
-----	--------------------	-------

FLORIDA

C251	Clearwater/Windmoor		C262	Plantation Friday PM	29.00
	Thursday	26.00	C263	Plantation Wednesday PM	46.00

GEORGIA

C1539	Norcross Sunday	10.00
-------	-----------------	-------

ILLINOIS

C65	Willa Rawls Manor	30.00	C424	Schaumburg/Palatine	50.00
C72	Edison Park Tuesday	12.00	C528	Bolingbrook	65.00
C76	Lisle	26.00	C659	Aurora Provena Monday	94.00
C85	Kankakee	20.00	C799	St. Charles-Hosanna	
C100	Oaklawn Monday-		Lutheran Thursday	34.00	
	St. Linus Church	50.00	C991	Orland Park Thursday	50.00
C146	Elgin Sherman Oaks		C1180	Silvis Monday PM	111.21
	Hospital Sunday	8.00	C1207	Lisle Women's Monday	15.00
C368	Oak Park Wednesday	20.00	C1506	St. Elizabeth	30.00
C418	Schaumburg/Bartlett	30.00	C1511	Downers Grove Thursday	50.00

INDIANAPOLIS

C429 Indianapolis Saturday AM 50.00

LOUISIANA

C849 Slidell Sunday 22.0

MASSACHUSETTS

C792 Hanson Thursday PM 39.00 C1600 Canton Tuesday 162.00

NEW JERSEY

C1457 Marlton Thursday 15.00

OHIO

C1271 Bexley Tuesday 30.00

OREGON

C1480 Oregon City Friday 42.00

WASHINGTON

C383 Spokane Valley 4.00

**GROUP CONTRIBUTIONS
APRIL 2024****ARIZONA**Mesa Wednesday Noon 100.00
Mesa Thursday Zoom 50.00
Phoenix Thursday 46th/Bell 100.00
Tempe Sunday 30.00**CALIFORNIA**Anaheim Monday Zoom 20.00
Burbank/North Hollywood
Wednesday Zoom 15.00
Downey Saturday 45.00
L.A.-Hollywood Saturday
Zoom 18.00
Lakewood/Paramount
Thursday 52.00
Lincoln Wednesday 15.00
Lincoln Friday AM 33.00
Lincoln Sunday 41.00
Oroville Monday 92.00
Palm Springs Sunday AM 50.00
Ventura Sunday 42.00**COLORADO**

Colorado Springs 50.00

CONNECTICUTMiddletown Thursday 100.00
Milford 100.00
Norwich / Gales Ferry Monday 30.00**DELAWARE**Bethany Beach 30.00
Wilmington Tuesday 100.00
Wilmington/Stanton
Wednesday-St. Marks 57.00**FLORIDA**Boca Raton Monday Women
Helping Women Zoom 20.00
Boynton Beach Tuesday 20.00
Daytona Beach Tuesday 37.50
Daytona Beach Thursday 37.50
Fort Myers Thursday 50.00
Ft. Lauderdale Monday-
Sanctuary Church 50.00
Holiday Monday 45.00
Lakeland Tuesday 50.00
Lakewood Ranch Monday
Night 78.00
Palm Beach Gardens Thursday 50.00
Plantation Friday PM 25.00
Plantation Thursday Women's 100.00
Plantation Wednesday 50.00
Pompano Beach Wednesday 100.00
Port St. Lucie Wednesday 10.00
Tampa Saturday 25.00

GEORGIA		Staten Island Thursday-	
Decatur Sunday	75.67	St. Patrick's	10.00
Gwinnet Monday Spanish	100.00	West Seneca Wednesday	50.00
Norcross Sunday Korean	10.00	NORTH CAROLINA	
ILLINOIS		Raleigh Thursday	50.00
Ottawa Friday	100.00	OHIO	
Springfield	25.00	Columbus	45.00
St. Charles Thursday Zoom	2.00	Geneva Wednesday	20.00
LOUISIANA		OKLAHOMA	
Gonzales Sunday	25.00	Tulsa Monday PM	100.00
MASSACHUSETTS		PENNSYLVANIA	
Holbrook Wednesday	35.00	Bethlehem Saturday	30.00
South Easton Saturday		Broomall Friday	21.00
Morning	54.00	Collegeville/Trappe Thursday	25.00
MISSOURI		Harrisburg Monday	40.00
St. Louis Saturday Morning	20.00	Havertown Monday	30.00
NEW JERSEY		Media Wednesday	50.00
Basking Ridge Saturday	50.00	NE Philadelphia Wednesday	25.00
Bloomfield Thursday	10.00	NE Philadelphia Sunday-	
Bloomfield Sunday	10.00	Nazareth	25.00
Fairlawn Friday	25.00	Roxborough Tuesday	30.00
Freehold Friday	25.00	South Philadelphia Tuesday	50.00
Hasbrouck Heights Saturday	25.00	Wilmington Saturday AM	50.00
Margate Tuesday PM	100.00	RHODE ISLAND	
Metuchen Tuesday	50.00	Tiverton	10.00
Old Bridge	10.00	SOUTH CAROLINA	
Pompton Plains Tuesday	100.00	North Myrtle Beach	50.00
Ridgewood Wednesday	75.00	TENNESSEE	
Sayrewoods	50.00	Murfreesboro Wednesday	64.00
Toms River Saturday	50.00	TEXAS	
Westfield Wednesday	50.00	Dallas Pathways Sunday	40.00
Westwood Monday	25.00	Fort Worth	400.00
NEW MEXICO		Fort Worth Monday	55.00
Albuquerque Sunday 2 PM	40.00	WASHINGTON	
NEW YORK		Spokane@Country Homes	100.00
Bowmansville Monday	50.00	KOREA	
Bronx Monday PM Our Savior	50.00	Seoul, Korea	60.00
North Tonawanda Wednesday	30.00		

INTERGROUP CONTRIBUTIONS APRIL 2024

Baton Rouge	50.00	L.A. Intergroup	150.00
Chicagoland	48.00	Long Island	375.00
Connecticut	30.00	New England	38.50
Delaware Valley	150.00	New Jersey	450.00
Florida West Coast	60.00	Northern California	50.00
Greater Sacramento	30.00	Northern Nevada	208.95
Inland Empire	100.00		

**NATIONAL HOTLINE DONATIONS
APRIL 2024**

L.A. Intergroup

14.00

**BULLETIN SUBSCRIPTIONS
APRIL 2024**

Two Bulletin Subscriptions for a total of \$ 96.00

**ONE TIME DONATIONS
APRIL 2024**

One-Time Donation in honor of my 30-year anniversary.
Ronny W., Avon, Connecticut

One-Time Donation
Sunday A.M. phone meeting, Miscellaneous Areas

One-Time Donation in memory of Harvey G., who recently passed away.
Estate of Harvey G., Boca Raton, Florida

April Meeting Donation
Board of Regents, California

One-Time Donation as a thank you to Abe T. and all other volunteers
who invited all of South Florida Area 6 to the 29th annual picnic
in Jupiter, Florida.
Neal G., Plantation, Florida

**ONE-TIME DONATION VIA VENMO/ZELLE
APRIL 2024**

One-Time Donation
Dylan K.

One-Time Donation
Brian B.

One-Time Donation in honor of the Florida Daily virtual meeting.
Dinesh, M.

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
APRIL 2024**

CASH IN OPERATING ACCOUNT APRIL 1, 2024 \$147,926.08

INCOME FOR APRIL 2024

National Hotline Donations	14.00
Group Contributions	4,529.67
Intergroup Contributions	1,740.45
ISO Can Contributions	2,828.29
Lifeliners Contributions	8,381.00
Bulletin Subscriptions	96.00
One-Time Donation	740.00
E-Reader	11.20
Literature Shipping	3,894.00
Sale of Literature	23,918.67
Sales Tax Collected	197.59
Bank Adjustment	0.21
Interest from Checking Account	1.11
Merchant Svs Cash Reward	1.50
Pay Pal Literature Process Fees	928.33
Pleasanton B.O.T. Mtg. Registrations	400.00
ADP Recalculated SUI tax rate credit	98.00

TOTAL \$ 47,780.02

CASH AVAILABLE FOR APRIL 2024 \$195,706.10

EXPENSES FOR APRIL 2024

Rent & Cam Fees	4,493.76
Payroll	14,417.88
Payroll Taxes (Federal & State)	1,206.14
Payroll Processing Fee	216.81
Office Expenses	322.43
Health Insurance	1,940.56
Telephone/Internet Bill	567.94
Gas Bill	79.87
Quarterly State Sales Tax	538.00
Maintenance/Monitoring ADT Alarm	49.43
Monthly Air Conditioning/Heater Maintenance	30.00
Match for Employees Simple IRA	399.36
Visa/MC Service Fee	80.41
Literature	9,257.42
Pay Pal Literature Processing Fees	928.33
Postage	3,000.00
Lifeline Bulletins	595.50
Returned Cks Charge	20.00
Conference Liability Insurance	201.00

TOTAL EXPENSES \$ 38,344.84

MONTHLY NET INCOME (NET LOSS) \$ 9,435.18

CASH IN OPERATING ACCOUNT AS OF APRIL 30, 2024 \$157,361.26

**FISCAL YEAR STARTING JULY 1ST TO DATE NET
INCOME (NET LOSS) \$ 78,036.76**

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 27, 2022

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

Eastern Time	Call-In Number	Meeting Code	Email for Information
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!